



**ANTIPHON**

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

**PENITENTIAL ACT**

You were sent to heal the contrite of heart: Lord, have mercy. **Lord, have mercy.**  
 You came to call sinners: Christ, have mercy. **Christ, have mercy.**  
 You are seated at the right hand of the Father to intercede for us: Lord, have mercy. **Lord, have mercy.**  
 May almighty God have mercy on us... **Amen**  
 May almighty God have mercy on us,..... **Amen.**



**THE GLORIA**

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.



**OPENING PRAYER**

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ.....

**LITURGY OF THE WORD**

**FIRST READING Jeremiah 17:5-8**

**A reading from the prophet Jeremiah.**  
 The Lord says this:  
 'A curse on the man who puts his trust in man, who relies on things of flesh whose heart turns from the Lord. He is like dry scrub in the wastelands: if good comes, he has no eyes for it, he settles in the parched places of the wilderness, a salt land, uninhabited.  
 'A blessing on the man who puts his trust in the Lord, with the Lord for his hope. He is like a tree by the waterside that thrusts its roots to the stream: when the heat comes it feels no alarm its foliage stays green; it has no worries in a year of drought, and never ceases to bear fruit.'

**The word of the Lord. Thanks be to God.**

**RESPONSORIAL PSALM Ps. 1:1-4.6**

**R. Happy the man who has placed his trust in the Lord.**  
 1. Happy indeed is the man who follows not the counsel of the wicked; nor lingers in the way of sinners nor sits in the company of scorners, but whose delight is the law of the Lord and who ponders his law day and night. **[R]**  
 2. He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper. **[R]**  
 3. Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind; For the Lord guards the way of the just but the way of the wicked leads to doom. **[R]**

**SECOND READING 1 Corinthians 15:12. 16-20**

**A reading from the first letter of St. Paul to the Corinthians.**  
 If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people. But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

**The word of the Lord. Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia! Rejoice and be glad: your reward will be great in heaven. Alleluia!**

**GOSPEL Luke 6:17. 20 - 26**

**A reading from the holy Gospel according to Luke**  
 Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases. Then fixing his eyes on his disciples he said:  
 'How happy are you who are poor: yours is the kingdom of God.  
 Happy you who are hungry now: you shall be satisfied.  
 Happy you who weep now: you shall laugh.  
 'Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.  
 'But alas for you who are rich: you are having your consolation now.  
 Alas for you who have your fill now: you shall go hungry.'



**[R]** Alas for you who laugh now: you shall mourn and weep. 'Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.'

**The Gospel of the Lord. Praise to you, Lord Jesus Christ.**

**NICENE CREED**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,  
 All bow for following three lines:  
 and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**LITURGY OF THE EUCHARIST**

**AFTER THE CONSECRATION**

We proclaim your Death, O Lord, and profess your Resurrection until you come again.



It is all too easy to trust in our own possessions - and the more we have the easier it is. But they are all temporary. If we put our trust in the Resurrection and live in its spirit then we shall inherit eternal life.



**Focus** She was an adult in her late forties and was in touch with many people. She had a 'nose' for a tragedy or something difficult in someone's life. She had been through a lot herself in family and her job. She knew a lot of pain from the inside. Sometimes admittedly she jumped in too quickly to share someone's pain. She carried a lot of others' pain and could sometimes go under in that.

Overall, we could say she was able to mourn, a type of person called blessed by Jesus. Mourning is eased by the care and the listening of others. It is a constant of life and none of us have been untouched by it. Jesus speaks often in contrasts and contrasts here mourning and laughing. Maybe Matthew puts it better: 'they shall be comforted.' There are many others called blessed in the gospel: the gentle, the poor in spirit, and the hungry. They will experience a change in their lives and find the kingdom of heaven and the hungry will be filled. Maybe this will happen through the community of God's people. We are called to be the comfort of God in many areas of life for his people. We live the Beatitudes by watching how Jesus lived them. Pope Francis says: 'in the Beatitudes we find a portrait of the Master, which we are called to reflect in our daily lives.' (G et E, 63).  
**Lord, may your kingdom come.**

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